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| C:\Work\Website\Website Resources\School Logos\Toot Hill College\THSFC_Badge.pngSUBJECT: BTEC SportEXAM BOARD: Edexcel |
| Course Overview (Y12) | Our BTEC Sport courses prepare you perfectly for a wide variety of careers in the health & fitness industry. They are valued by colleges, universities & employers across the World. Through studying multiple units, you’ll develop a deep understanding of sport & its application in the workplace; from psychology, personal training & physiology to nutrition, performance analysis & injury. You’ll also add vital transferrable skills to your CV like organisation, leadership, communication and team work – key skills that universities and employers look for. To compliment your breadth of experience, you’ll develop a coaching proficiency through your reserved place on the ‘Level 2 Sports Leadership Award’ course. |
| Useful websites | **The specification can be viewed here:**<https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html>**Useful Websites**www.btec.co.ukhttp://www.topendsports.com/ |
| Essential text books and reading list | Researching into thesetopics will be beneficial:* Anatomy & Physiology
* Health & Safety in Sport
* Fitness Testing & Health

Screening* Government recommendations

for activity and nutritionThe revision guide is also an excellent tool to aid your revision for the unit 1 and 2 exams<https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.resources.html?filterQuery=category:Pearson-UK:Publisher%2FPearson>  |