


SUBJECT: PE EXAM BOARD: OCR		 TOOTH HILL COLLEGE
Course Overview	<p>You will study three theoretical areas of Physical Education, these being; Anatomy and Physiology, Psychology and Socio-Cultural Issues. These units are assessed through examinations in Year 13 and are worth 70% of the final grade.</p> <p>Students must submit a video of themselves performing all of the skills shown in the specification for their chosen sport including footage of them in a competitive game. Students will also be recorded analysing a sports performance in depth through a 20minute (approx.) video. Both of these elements make up 30% of the final mark.</p>	
Useful websites	<p>The OCR exam board website can be found below. http://www.ocr.org.uk/qualifications/as-a-level-gce/as-a-level-gce-physical-education-h155-h555-from-2016/</p> <p>Follow @toothillpe on twitter</p> <p>Visit the school website for useful information (click on the A Level option) https://www.toothillschool.co.uk/page.php?d=pe&p=intro</p> <p>https://www.peakendurancesport.com/ (interesting articles across a range of topics)</p> <p>https://www.teamgb.com/ (the British Olympic website)</p> <p>https://www.sportengland.org/ (sports funding and initiatives in the UK)</p> <p>https://www.topendsports.com/ (Sports Science info)</p>	
Essential text books and reading list	<p>OCR A Level PE Book 1 & 2 (by John Honeybourne & Sarah Powell)</p>	
Summer task	<p>Each of the 3 areas has a separate task sheet to complete. Stay aware of sports issues that happen in the news throughout the summer.</p>	